



## Editorial

### **TATWACHINTANAM– A NEW SCIENTIFIC VOICE IN THE SURGICAL DISCIPLINES OF AYURVEDA**

With a great enthusiasm and scholarly intent, we unveil the very first issue of TAIJA – Tatwachintanam: International Journal of Ayurveda. The launch of this journal marks a significant milestone—not just for academic Ayurveda, but for the larger medical and scientific community committed to integrative and evidence-based healthcare with a timely Revival of Surgical Wisdom in Ayurveda. The name Tatwachintanam, drawn from the Sanskrit for “reflective contemplation on the essence,” is emblematic of our mission: to critically and thoughtfully engage with the core principles of Ayurveda, not merely as tradition, but as a living, evolving medical science grounded in observation, logic, and application.

Ayurveda, in its classical roots, is not only a preventive and curative system but also a surgical science of remarkable sophistication. The contributions of luminaries like Acharya Sushruta in Shalyatantra, Shalakyatantra and Prasootitantra laid the foundation for organized surgical practices long before the advent of modern surgery. Yet, in the evolving landscape of health sciences, this surgical heritage often remains underrepresented. TAIJA seeks to correct this course.

This journal emerges at a critical time. On one hand, there is a growing global demand for traditional, holistic, and sustainable healthcare systems. On the other, there is an urgent call within Ayurveda to rigorously validate and refine its practices through scientific inquiry. TAIJA stands at the confluence of these movements—grounded in tradition, but forward-looking in its purpose.

The scope of TAIJA reflects this vision. We welcome contributions from the core surgical disciplines—Shalyatantra, Shalakyatantra, and Prasuti Tantra—as well as foundational subjects like Samhita Siddhanta and Shareera (Rachana and Kriya), which form the backbone of Ayurvedic understanding. Beyond classical interpretations, we aim to highlight new research, clinical innovations, case studies, experimental findings, and collaborative works that expand the evidence base and application of Ayurvedic surgical thought.

This journal is not just a publication; It encompassing classical textual interpretations, anatomical and physiological explorations, experimental validations, clinical case studies, and collaborative research with allied health sciences. It is a platform for scholars to present rigorous research. A platform for practitioners to share clinical insights. A platform for dialogue between Ayurveda and modern biomedical sciences. And most importantly, a platform to preserve, analyze, and evolve the surgical knowledge system of Ayurveda for future generations. This builds a global platform where ancient insights and modern research can coexist and collaborate. All these efforts are underpinned by rigorous peer review and an unwavering dedication to academic integrity.

Our open-access model ensures that this knowledge is freely available to all who seek it—students, educators, researchers, and clinicians alike. We encourage active participation from our readership in the form of submissions, feedback, and ongoing collaboration.

We recognize that the journey ahead is both challenging and exciting. To make Let TAIJA be a vibrant, space for reflection (Chintanam), innovation, credible, and impactful journal, we depend on the active

participation of our contributors, reviewers, and readers. As we explore this first issue, we invite you not only to read but to engage, critique, and contribute.

We embark on this first issue, we express our wishes and also encourage to the authors, reviewers, editorial advisors, and supporters who have made this endeavor possible. Let this be the beginning of a movement that reclaims Ayurveda's surgical legacy and projects it into the future with scientific clarity and academic pride.

With scholarly regards,

**Prof. Prasanna Narasimha Rao**

Editor-in-Chief

TAIJA – Tatwachintanam: International Journal of Ayurveda

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